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Iowa State Daily (April 29, 2014)

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Weather

TUES

38|52

Showers with wind gusts as high as 20 mph.

WED

38|49

50 percent chance of rain and cloudy.

THURS

40|51

50 percent chance of rain and cloudy.

FRI

39|57

20 percent chance of showers.

Provided by ISU Meteorology Club

Police Blotter

The information in the log comes from the ISU and City of Ames police departments' records. All those accused of violating the law are innocent until proven guilty in a court of law.

April 26

Nathan Graham, 18, 5206 Willow Hall, was arrested and charged with public intoxication at Frederiksen Court (reported at 12:57 a.m.). Officers assisted a 19 year old female who had consumed too much alcohol at Elm Hall (reported at 1:56 a.m.).

Abigail Levis, 23, 1104 Roosevelt Ave, was arrested and charged with operating while intoxicated at Hayward Avenue and Hunt Street (reported at 1:57 a.m.).

Austin Beebe, 22, 3732 Tripp Street, Unit 513, was arrested and charged with public intoxication (second offense) at Arbor Street and State Avenue (reported at 2:42 a.m.).

Amber Gross, 24, 1303 Woodstock Ave, was arrested and charged with operating while intoxicated (second offense) at Hyland Avenue and Ross Road (reported at 3:11 a.m.).

Andrew Henriksen, 19, 4512 73rd Place, Urbandale, was arrested and charged with operating while intoxicated at Colorado Avenue and Lincoln Way (reported at 4:00 a.m.).

Trygve Rogers, 18, 2616 Helser Hall, was arrested on warrants, charging him with possession of a controlled substance and possession of drug paraphernalia at Helser Hall (reported at 6:18 a.m.).

Grayson Gibson, 19, 7122 Buchanan Hall, was arrested on warrants, charging him with possession of a controlled substance (two counts), possession of drug paraphernalia and underage possession of alcohol. **Nicholas Schiller**, 19, 7122 Buchanan Hall, was arrested on a warrant, charging him with unlawful possession of a prescription drug at the Armory (reported at 2:33 p.m.).

Shannon Danner, 35, 4370 Maricopa Drive, Unit 108, was cited for driving under suspension at Maricopa Drive and Mayfield Drive (reported at 4:55 p.m.).

An officer investigated a property damage collision at 13th Street and Stange Road (reported at 5:16 p.m.).

An officer assisted a man who was experiencing emotional difficulties at Lyon Hall. The individual was transported to Mary Greeley Medical Center for treatment (reported at 7:15 p.m.).

The following were cited for disorderly conduct: **Neil O'Grady**, 20, 2112 Lincoln Way; **Nicholas Herrera**, 20, 2112 Lincoln Way; and **Jacin Yaukovitz**, 19, 325 Ash Ave at Central Campus (reported at 11:58 p.m.).

Wine industry boosts production

By Lauren.Sroubek @iowastatedaily.com

The state of Iowa may be on the verge of becoming a regional economic leader in the wine industry, according to a recent study from Frank, Rimerman + Co., a California-based consulting and accounting firm.

Looking at the United States as a whole, the consumption of wine has increased. Therefore, the demand for production has risen as well.

In 2012, about 752,431,183 gallons of wine was produced in the United States. In Iowa alone, about 373,436 gallons were produced that year, with half of the sales being local or through retail outlets such as Hy-Vee or Fareware.

According to the study, the economic impact of Iowa's wine and grape industry jumped 80 percent from \$234 million in 2008 to \$420 million in 2012.

Dr. Murli Dharmadhikari, director of the Midwest Grape and Wine Industry Institute at Iowa State and adjunct associate professor of food science and human nutrition, researches the economical impacts in the wine industry in Iowa.

"The Midwest Grape and Wine Industry Institute was established in 2006 in the ISU College of Agriculture," Dharmadhikari said. "Through this partnership, we are able to set goals for research, educational opportunities and activities."

Dharmadhikari said Iowa had about 30 wineries a decade ago. Currently, there are roughly 100 wineries in 86 of the 99 counties in Iowa.

"Statistics show that the demand and supply have increased," Dharmadhikari said. "Iowa



Robert Mercer/Iowa State Daily

In four years, the number of people who visited Iowa wineries jumped from 237,000 to 358,000, a 51 percent increase. Tourism poured about \$41 million into Iowa's wine industry in 2012.

still has potential to grow and could possibly be a leader in production in the wine industry."

Since the production of wine has increased dramatically, jobs have opened up in the state. According to the study, 2,678 jobs are related to the wine industry.

The industry continues to expand with tourism, as well.

The report also said that roughly 358,000 tourists visited Iowa wineries in 2012, bringing in about \$41 million last year. The number of tourists jumped about 51 percent from 2008.

Emily Saveraid, the marketing director of Iowa Wine Growers Association, helps with the research functions, events and, ultimately, helps the industry make better wine.

"The wine industry is closely tied with agriculture," Saveraid said. "The quality of soil, amount of sunlight and water really affects the production of

wine."

Depending on the wineries' locations, different grapes are used so they can thrive. Different grapes are grown in Iowa than California.

The grapes produced in Iowa are more resistant to colder temperatures, and, therefore, Iowa and California wines have a distinct taste difference due to the types of grapes used.

"The types of grapes used is purely based on [demographics]," Saveraid said. "Also, companies have different techniques on how to grow and produce wine."

Saveraid explains that the tourism industry has expanded due to the multiple additions of wineries across Iowa and the country.

They are more commonly located in rural areas where other attractions such as breweries, malls and hotels, are.

"In 2012, about \$41 million was spent on wine

tourists in Iowa," Saveraid said. "More and more people are wanting to come to Iowa and learn about wine."

Wineries across Iowa are willing to accommodate and hold different types of events to draw in tourists such as weekend getaways, business meetings, musical festivals or even weddings.

The rate of production of wine has multiple benefits, such as agriculture, tourism and a new angle.

"People like knowing where their products come from," Saveraid said. "Because most of Iowa uses their own grapes, knowing their wine is produced locally gives the consumers a personal connection."

Saveraid hopes in the future that people won't be as intimidated by wine because of their fancy name or origin and become more comfortable.

Like Saveraid said, "As long as you like it, it's good!"

Symposium brings together politicians, experts to discuss 'Closing the Yield Gap'

By Morgan.Ball @iowastatedaily.com

"Closing the Yield Gap" is the second symposium that will be held as part of the Leroy and Barbara Everson Seed & Biosafety Symposium series that was launched in 2013.

The symposium will be held today and Wednesday. The symposium will be held at the Gateway Hotel and Conference Center in Ames.

"Closing the Yield Gap" will focus on innovation in science for global food security.

"A yield gap is the gap between what should be able to be produced and what is actually delivered for people to eat," said Max Rothschild, co-chairman of the Global Food Security Consortium and distinguished professor of animal science.

The event is free to ISU students, faculty and staff. The symposium is a two-day event with a variety of sessions related to feeding the world.

The Global Food Security Consortium and Seed Science Center at Iowa State University invited speakers and experts from all over the world to present their current research and data on global food security.

State and world leaders, re-

searchers, faculty and students will be in attendance. Approximately 200 people from Iowa State, other universities around the world, private industry and more will be in attendance.

Speakers and experts include Catherine Woteki, the United States Department of Agriculture's under secretary for Research, Education and Economics, as well as chief scientist for the department; Donald Nkrumah, a senior program officer with the Bill & Melinda Gates Foundation, a non-profit organization that works to tackle world problems like poverty and hunger while advocating advances in science; Kenneth Cassman, a professor of agronomy at the University of Nebraska-Lincoln; and Jerry Glover, a senior sustainable agricultural systems adviser for the U.S. Agency for International Development.

"The main goal of the event is to discuss issues with food security and look at ways we can work together to discover solutions," said Amy Pilcher, graduate in accounting and program coordinator for the Brenton Center for Agricultural Instruction and Technology Transfer. "[The Consortium] promotes research efforts that aim to solve the issues of

world hunger and food security."

The consortium also looks at every step of the food chain by conducting research, education and engagement programs. The organization looks at six different areas — germ-plasm and seed systems, climate resilient healthy crops, climate resilient healthy animals, sustainable water systems, post-harvest and utilization, and policies, regulations and trade.

The Seed Science Center at Iowa State researches the production, quality and utilization of seeds through testing. It is important to improve how technology is transferred and to guarantee it goes to those who need it the most.

By 2050, the world's population increase will be significant. The world will face hunger and poverty if the bridge between what is being produced and what is being delivered does not change. It is important that research, education and outreach is done in order to inform the public to help identify a solution, Rothschild said.

"We hope to educate students, faculty and researchers in the issues about the yield gap and, more importantly, work together to identify solutions to reduce the yield gap," Rothschild said.

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PERIODICALS POSTAGE

Consultant discusses coping strategies for stress

By Makayla.Tendall
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Amid the stress of the finals and final assignments, solutions to at least one kind of stress — compassion fatigue stress — were discussed at a workshop.

Compassion fatigue stress is the stress experienced by those who absorb some of the emotional and mental distress others experience. Those carrying the emotional turmoil for others often experience constant feelings of stress, anxiety, hopelessness and a pessimistic attitude.

Jul Bruns, presenter and consultant for the Des Moines based company Employee and Family Resources, said the term compassion fatigue stress was coined during WWII when nurses were overwhelmed caring for the many injured soldiers.

“They were realizing that taking care of other people and people who are in pain will affect us,” Bruns said. “The nurses were crabby or they were bummed out, and then they felt bad. They felt guilty because they should be caring for these people. How can you not take that home with you?”

“Who do you care about in your life? You can't be there for them if you don't take care of yourself.”

Jul Bruns

Bruns said the nurses were able to cope with their compassion fatigue stress by understanding that it was acceptable [not] for them to be personally affected after absorbing the emotional and mental pain of the soldiers.

Bruns made it clear in the workshop that those coping with life-altering issues are not the only ones who can experience compassion fatigue stress.

Jerilyn Rasmusson, who attended the event and is the caregiver of her parents, said a co-worker recommended she attend because of her caregiving position and the fact that she deals with a lot of emotional stress in her job as a human resource specialist for the university.

“It's not just as a caregiver,” Rasmusson said about compassion fatigue. “It's also in the workplace that you can have it. It's everyday life. You're being pulled in so many different directions and everything is a priority. You have to prioritize your priorities, so you're always being pulled.”

Bruns said it is important for those with compassion fatigue — who are experiencing the emotional pains of those they help — to recognize when they reach their personal breaking points, or “red zones.” She said the first step in coping was to recognize that they had compassion fatigue distress.

“Can I adjust my behavior? Can I adjust my resources? What do I have to do — if it's a red — to get into the pink,” Bruns said about coping techniques.

Bruns said it is extremely important for people to remem-



Logan Kahler/Iowa State Daily

Workplace services consultant Jul Bruns lead a presentation on how to deal with compassion fatigue stress Monday afternoon. The condition occurs when people become overwhelmed by other's emotional turmoil.

ber that they must take time to properly care for themselves, but there are techniques to make scheduling that time easier for the people who think of personal time as just another task on their agenda.

“I've done stress management classes where people almost get angry because they think, 'I gotta do one more thing?'" Bruns said. “If you don't counteract compassion fatigue with taking care of yourself, you're going to get sick. Who do

you care about in your life? You can't be there for them if you don't take care of yourself.”

Bruns said that a common symptom of overwhelming compassion fatigue stress is despair, much like clinical depression. Also like clinical depression, if compassion fatigue goes untreated, that despair and the chemical imbalances in a person's brain can become so severe and distorted that they think of harming themselves to escape the pain.

Both Bruns and Rasmusson

said those with stress must eventually make a change in their lives. Shaping is a technique used to help people meet their goals, such as going to bed 15 minutes earlier a night so a person can meet a personal health goal of getting more sleep to help deal with compassion fatigue.

“My situation is not going to change, so I need to learn how to cope with my situation and be better and stronger for those who I need to take care of,” Rasmusson said.

>>COFFEE p1

definitely see that it is full, Studley said. Caribou is open until 8 p.m. Monday through Thursday and on Friday they are open until 5 p.m.

However, it is not open on the weekends.

The Bookends cafe at

Parks Library stays open until 11 p.m. Monday through Thursday and is open at various times all weekend as well. Bookends is expecting to have to make accommodations for changes during dead week.

Amanda Plazyk, the night manager of Bookends, has been with

Iowa State University Dining for five years now. She said that Bookends does get really busy for Dead Week. It gets the busiest closer to the end of Dead Week, especially on Sunday. Sunday of Dead Week is the busiest day and Plazyk expects to have to request more employees and more milk, an ingredient they use heavily for their drinks.

Plazak thinks that it is not just coffee sales that increase, but all caffeine intake increases.

“We had people come in just last night buying Red Bull and Five Hour Energy,” said Plazyk.

Plazyk also used to work for the Design Café as well.

“At Design everyone's finals are during dead week, so Finals Week at design is dead.”

Students own coffee drinking habit changes during Dead Week.

“I am more likely to drink coffee during Dead Week because I spend more time at the library and it's easily accessible,” said Taylor Ward, sophomore in elementary education, a frequent coffee drinker.

Mohammed Alzayer, junior in material engineering, an avid coffee drinker, expressed his thoughts on an increase in coffee drinking during Dead Week.

“Some people think it enhances their performance, but I just drink it for pleasure,” said Alzayer.

Grace Loeschke, freshmen in open option, a moderate coffee drinker, said she thinks her coffee drinking habits change during Dead Week.

“I get up earlier and need to be more productive. I also stay up later and use it to keep me awake and productive.”

>>RURAL p1

chandising and design, are students in the Slater group in Hurst's ADM 576 course.

Sundby said that community members like the idea of being a small town and do not want chain stores. She said that this experience has given her more respect for small business owners.

“They're proud of their small town home,” Clark said.

Ronald Prescott, initiative co-director and program coordinator in economics, said that he hopes to see the initiative become an ongoing network of connectedness and collaboration of retailers. He works toward this by building relationships in Iowa communities and identifying people at Iowa State who could be resources.

He uses Google+ and Skype to communicate with his connections across the state and has posted a series of how-to videos on the initiative's site. Topics include instruction for retailers on how to set up Google Places, Yahoo Business, Bing Portal and Facebook ads.

“I'm more of a techy kind of old person,” Prescott said.

Some members of the initiative board have personal connections with rural America. Hurst said that it was dis-

heartening to see the vibrant main street diminish in her home town of Everly, Iowa.

“When we take shortcuts and go for the cheapest thing, we end up paying some high long-term costs,” Erickson said.

With her graduate degree Hurst has researched rural retail in an effort to help small communities.

She has also researched the “brain drain” phenomenon — young adults who leave a small community for college and do not return. She said that this project might plant a seed of small town living in the minds of students.

Prescott said that small town retailers offer the service and familiarity that big-box stores do not, and part of the experience is talking with owners.

He said that there are people at these stores with stories to tell and he enjoys hearing the stories behind the businesses.

“My frustration in Iowa is that we don't pay enough attention to our characters,” Prescott said. “I think we miss that in this generation. We don't story tell.”

He said that he encourages students to explore the rural areas surrounding Ames.

“I love these Iowa communities,” Prescott said. “I absolutely love them.”



Richard Martinez/Iowa State Daily

Lorry's Coffee is now located in Mother's Pub on West Avenue after moving from Lincoln Way due to construction. During Dead Week, coffee shops see a large increase in business.

>>BPMI p1

can communicate science through different ways. And because of their science courses students are also knowledgeable about what they are illustrating.

“We are not just drawing something. We are figuring out what goes into it to make it accurate,” Swanberg said.

According to Biechler, there is also a biological and pre-medical illustration club on campus which lets students in the major connect through group activities.

Students in the club participate in both social and academic activities as well as getting the chance to meet people in the medical illustration profession.

“We for example did a trip to the Mayo Clinic in Minnesota because they have an illustration department,” Swanberg said.

Representatives from graduate schools will present their schools and explain about their programs as part of the 30th anniversary celebration in the first week of October next semester, Dorn said.

“The feature of the celebration will be a three week exhibition of alumni art, exhibited in Gallery 181 of the College of Design, and a BPMI student exhibition during the symposium. Other activities will include a BPMI reunion and banquet, and a closing picnic,” Biechler said.

Swanberg said recognition of the program and the size of the major are both growing.

For the first time ever there will be a full-time faculty in the fall 2014 semester.

“I didn't even know about the major when I came here,” Swanberg said. Once she heard about it she said it seemed like a perfect fit for her.

“I love science and research. But I also love art and drawing. It is the only major I have heard of that combines both in this,” Swanberg said.

Biechler said that the possibility to combine his interest in science and art is what fascinates him a lot.

“But most of all are the students who share the same interest. I love their dedication to learning, art and sharing scientific information,” Biechler said.

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Photo illustration: Kelby Wingert/Iowa State Daily
During finals and dead week many students turn to drugs, most commonly adderall, in order to get better grades. Turning to drugs is not the answer and can cause serious health issues.

Drugs can cause recall problems during exams

It's that time of year again. Students are spending a majority of their day sitting in front of a computer studying and/or finishing up group projects [or just starting them] for the week to come. As the professors put our minds to the test by coming up with final exams, we put our bodies to the test trying to study for them.

We push our bodies to the limit by eating late night meals, consuming obnoxious amounts of caffeine and sometimes going days with little to no sleep, so naturally, we look for energy alternatives. In many cases, students tend to rely on drugs to push them through it. This, however, can do more harm than good.

The drug of choice for many college students cramming for exams is adderall. Yes, the drug can make you more focused for a long amount of time and it can help you stay awake for long hours of the night, but you only get these "benefits" by misusing a prescription drug, which can have the opposite effect on your health.

Not everyone is affected by adderall in the same way. People who do not normally take the medication may have a reaction to it that may range anywhere from having slight upper abdominal pain all the way to dizziness or passing out.

Any time you take a prescription medication, the dosage should be monitored by a medical doctor. The average dose for a person 18-25 who has ADHD would be 2.5 to 6.0 milligrams daily, or about one to three pills a day.

College students are notorious for abusing the dosage of these pills. One in five college students admit to using adderall when they do not have a prescription for it.

For people who do not have ADHD taking adderall can feel more focused and can make activities that would normally seem boring — like reading 100 pages of a text book — seem effortless. Still, scientists have said that the side effects may backfire for students who are not in need of the drug.

Just like any other prescription drug, it is easy to become dependent on its "help." If you take medication every time you study for a subject, it would be easy for you to become dependent on the drug for that subject. Studying or testing without the drug will seem strange. Being so young, we really should not have to be dependent on on any kind of drug to be able to do our homework.

The solution is simple, students need to utilize better time management skills. This way, we don't have to stay up all night working on projects that we had half of the school year to do. Sleep and food are two major staples of our health and without them we will probably perform badly on our finals anyway. Being healthy and taking proper care of ourselves is important during dead week and is just as important as doing well on our actual finals.

Using a drug to enhance your performance on a test should be considered cheating. Just like athletes cannot take steroids to improve their performance on the field, we should not be able to take drugs to improve our grades in the classroom.

Buckle down, do the work and skip the drugs if you want to ensure good grades. Depending on what you choose to take, illicit and improperly used drugs could leave you unable to function without them.

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Courtesy of Wikimedia Commons
Your friends' eating habits may affect your habits and health. Eating junk food in college is often part of a social event, such as late night Jeff's Pizza, and may seem fun, but it could have negative effects on your health. Friends should help friends develop healthy habits.

Social food pressures trash health

By Morgan.Bahl
@iowastatedaily.com

We have all known about the power of peer pressure since we were in middle school. We were taught things like say "no" to drugs, don't give in to bullying and don't let anyone make you do something you don't want to do. Those are obvious examples and were probably more difficult to deal with in high school when acceptance from your peers meant everything and you would do almost anything to look cool or fit in. Luckily, in college people don't really care who you are, who you were or what you do. But peer pressure still makes its appearance and often in subtle ways — especially when it comes to eating habits.

It is common knowledge that eating is a social event. In cultures all over the world, mealtimes are special times to meet up with friends and family, catch up and do life together. In Spain, lunch is a social affair in which time is taken out of the day to relax and indulge in tapas and community. Of course, here in the United States, we go out to coffee with friends or might run to Coldstone when the craving hits. The sociality of eating and mealtime is what makes it pleasurable

and fun, but it can also be a hidden detriment to health. The effects of peer pressure can lead to making bad health decisions just because your friends or peers are making certain choices.

First off, a lot of college students don't really think twice about their diets or concern themselves too much about whether pizza is bad for them or not. If it tastes good, you eat it. That is completely fine, and is a lot of what college is about: late night Jeff's Pizza, copious amounts of Ramen and probably too many Texas Roadhouse rolls. However, for the many students who are concerned about their dietary choices and health right now, it can be a daily challenge to make the healthy choices they want to make while also having fun and indulging with their peers.

From personal experience, it is difficult to balance the internal cues to eat nutrient dense foods and healthy options with the pressure from friends to run to the C-store for a late night snack or pint of Ben and Jerry's. Unless you have iron willpower, which most people probably don't, peer pressure will always win. Of course, in this kind of situation the pressure is not really negative or dangerous but more light-hearted and fun.

There is no malicious

intent to get you to eat fatty, sugary foods, but a motivation to conform to the people around you. Most people can testify that it would be really awkward if a group of friends went out to eat and a single person "sat out" and didn't eat because it wasn't healthy. Or for "girl's night," if everyone got a pint of ice cream and the last person didn't want any and sat there rather out of place while everyone ate. This is why the college can be such a toxic environment for making good choices. Even for someone who came to school following a "perfect diet" and never ate chocolate, fast food or desserts, it is hard to keep it up here.

It is a combination of the dangerous proximity and availability of the junk food, the stress that drives cravings, topped off by the exact peer pressure I've discussed. Freshman Taylor Howieson says it perfectly, "I would never drive to Casey's to get a candy bar, but with the C-store, you can just run over really quick ... and you don't have to use money. You can just use your Dining Dollars."

Scientifically, there is evidence that peer pressure really does drive eating habits. Food science and human nutrition lecturer Rose Martin discusses that there is a high correlation between body weights and who you are friends with. In a 2011

study, Martin says that you are more likely to be friends with people who have similar weights or waist circumferences as you. That may seem trivial or ridiculous, but look at your friend group. Are they similar in body shape to yourself? Blogger Christine Junge attributes this to peer pressure, as we've seen, collaboration and mirroring. You are more likely to agree on a normal body shape and acceptable eating patterns with the people you hang out with, so that can be a driving factor. With mirroring, it is more based on observation. If your friend is getting a burger, you'll probably get a burger.

So why does any of this matter? It's just about eating and having fun, right? Well yeah, sure, but this peer pressure effect can be channeled into some productive energy. Rather than encourage and affirm each other that unhealthy choices are alright, why not encourage each other to make good choices? If you and your friends are all in it together, it will make it so much easier to succeed. Of course, if you are not really concerned about any of this right now, it is fine, but someday you probably will be. And it's a lot easier to form habits now rather than sometime down the road when you are bombarded with heavy business lunches and post-work social gatherings.

Yellow Dog Project helps people, dogs

By Kasey.Mueller
@iowastatedaily.com

It is a well-known, and widely ignored, fact that you should never approach a strange dog. However, most people cannot help themselves whenever they come across a cute pooch on the sidewalk. More often than not, the dog loves the attention, but there are dogs that really should not be approached.

The Yellow Dog Project was created especially for that type of dog. It is a non-profit organization working toward educating people on properly approaching dogs. They advise owners to tie a yellow ribbon on their dog's leash or collar. This identifies those dogs as "yellow dogs."

All dogs are not yellow dogs, though. According to The Yellow Dog Project's website, "Yellow dogs are dogs who need space," and the owner should be asked permission before petting the dog.

This does not mean yellow dogs are "aggressive dogs," as the site states. The site further explains that yellow dogs are "more often dogs who have issues of fear, pain from recent surgery, are a rescue or shelter dog who has not yet had sufficient training or mastered obedience, are in training for work or service or are in service," or other specificities.

Furthermore, The Yellow Dog Project informs people about what the program is distinctly not about.

They warn dog owners that The Yellow Dog Project is not: an excuse to avoid training your dog, an admission of guilt [you're not alone and should not feel guilty about the yellow ribbon] and the yellow ribbon is not a waiver of responsibility in case accidents arise.

For example, I have two beagles back home in Chicago. They are both rescues with an unclear story of their parents and their past. Moose, the smaller dog, is very calm and kind to all people. Marley, on the other hand, is not easy to handle around strangers. He gets too threatened and protective, which can lead to him snapping at strangers.

By no means is Marley a mean dog that needs to be put down. Whenever he interacts with people he's comfortable around, he is a very sweet dog. Most people would not believe that if they saw Marley in a heavily populated park.

My mother discovered The Yellow Dog Project and promptly tied a bow on Marley's collar. It has not been smooth-sailing so far since most people are unaware of what the yellow ribbon means. However, spreading the word helps this project protect humans and especially dogs.

There has never been any project similar to this that has achieved success. This program could be extremely beneficial if people, whether you own a dog or not, all participated.

According to Dogs Bite, in 2013 there were 32 fatal dog attacks in the United States. While this was a slight de-

crease from the 38 fatal attacks in 2012, this number is still unacceptable. With the information provided by The Yellow Dog Project, attacks would become even rarer.

The Yellow Dog Project does state that just putting a yellow ribbon in your dog will not be enough. Dog owners need to take responsibility and act for solutions rather than taking the easy way out.

The project provides copious information on stores, trainers, veterinarians and other helpful places to find help with training your yellow dog. This will require some extra work on the owner's behalf, but taking care of animals is like taking care of a child. Owners should accept the responsibility of properly training and caring for their pet before rescuing or buying.

Another wonderful benefit about The Yellow Dog Project is that there is no fee or registration required for yellow dogs. Owners simply tie a yellow ribbon on their yellow dog's collar or leash.

Just because a yellow ribbon is present does not mean the dog cannot be approached at all. It could imply that the dog may not like to be pet in a certain spot or likes to sniff your hand first. Only the owner could inform you, so asking is vital. It's also important to remember that a dog that is considered a yellow dog may not have a yellow ribbon on. Always remember to ask an owner's permission and accidents can generally be avoided.

Cementing his status



Kelby Wingert/Iowa State Daily
Junior Sam Daley grabbed a runner-up finish at the Big 12 Conference tournament, along with a place in ISU history.

Sam Daley makes history with a runner-up finish

By Mike.Randleman
@iowastatedaily.com

Coming down to the final hole, Sam Daley had a chance to cement a spot in program history. A shot at a team and individual conference title had passed, but if he could close with a runner-up finish, it would be the best performance by an ISU men's golfer in more than 60 years.

"At the end of the day everyone was sitting and watching at 18. I was a little bit nervous, as you should be, but I was just telling myself that nerves are a good thing," Daley said. "If you aren't nervous you aren't really human."

Daley was tied with Beau Hossler of Texas, a player best known for stealing the spotlight at the 2012 U.S. Open at the age of 17. The two were neck and neck throughout the final two rounds, a competition that came down to the closing 72nd hole.

In the closing hole, Daley fended off his nerves to make par while Hossler made double-bogey. A spot in the Iowa State record book was now his.

"I'm just really happy for Sam. It's a great field that he competed against and to finish second place is a huge accomplishment," said ISU coach Andrew Tank. "It's something that hasn't been done at Iowa State in the Big 12 era."

By shooting under par in three of four rounds en route to a two-under-par finish for the tournament, Daley led his team to a fourth-place finish, its best result at the Big 12 Championship since 1997 as well as in Tank's four years at Iowa State.

"It was a big step forward for our program," Tank said. "To finish fourth in the Big 12 is a really big accomplishment for Iowa State and something that we're all very proud of."

Not only did the Cyclones finish fourth, but they played their way into the final groups for the last 36 holes, joining leaders No. 18 Texas and No. 37 Texas Tech.

A torrid pace set by the Longhorns and Red Raiders in the first two rounds resulted in an insurmountable gap for the Cyclones to climb out of, but they did not go down without some pushback.

One year removed from languishing at the bottom of the leaderboard, 45 shots behind Texas in the 2013 Big 12 Championship, Iowa State outscored Texas by 11 shots this year. With momentum on its side, Iowa State was left wondering what could have been accomplished with more time.

"Coach summed it up perfectly when he said 'We only needed nine more holes to be able to contend,' meaning the way we're going and the scores we're shooting, we just needed a bit more time," said freshman Nick Voke, who tied for ninth place at the tournament.

Whether or not more holes would have proved beneficial or not, Iowa State went from licking its wounds one year to barking at the heels of some of the nation's elite in the next.

"I thought that was a great opportunity for us. It's not a position that we've been in at the conference championship before," Tank said. "To have the opportunity to play with the lead groups on Saturday and Sunday is something that will help us in the future."

In the long term, the experience will serve well for a team that will return all five starters when it

"I'm just really happy for Sam. It's a great field that he competed against and to finish second place is a huge accomplishment. It's something that hasn't been done at Iowa State in the Big 12 era."

-ISU coach Andrew Tank

returns to the Big 12 Championship next season.

On a much shorter scale, competing against some of the top teams in conference play could pay dividends as No. 47 Iowa State prepares to return to NCAA Regional competition after a one year absence.

"We played on a very, very demanding course. We competed against some of the best teams in America and we were in contention," said freshman Ruben Sondjaja, who also tied for ninth place. "It's definitely a big move forward for our program. Everything's trending in the right direction for what we want the program to be like."

Daley, a junior, said there is a freeing feeling in knowing this year's run will not be his last. Nonetheless, as the team prepares for a postseason push, he and his teammates will look to turn up the intensity sooner rather than later.

"It is a little bit freeing that we'll get another chance [next year], but in no way are we not going to take this opportunity," Daley said. "Yeah, we've got next year with all the same people, but I'm sure we're all just as hungry as we will be next year to make it to Nationals. It [making Nationals] hasn't been done in the program for a long time, so it's very motivating."

"We can do it, I know we can."

Women's golf overcomes rocky start to reach No. 4 spot



Courtesy of ISU Athletics
Chonlada Chayanun, junior, shot a season-best performance at the Big 12 Championship in Texas. Chayanun tied for fourth place.

By Mike.Randleman
@iowastatedaily.com

After tying for fourth place at the Big 12 Championship, the ISU women's golf team left Texas with a mix of emotions.

No. 24 Iowa State received a season-best performance from junior Chonlada Chayanun and the team climbed the leaderboard with strong play in the final two rounds. A slow start, however, put a damper on a conference championship, which was a goal players and coaches felt was within reach.

"I think we could've played better. The second and third day we played pretty good, but we started off pretty badly the first day," said Chayanun, who tied for fourth place.

The Cyclones struggled in the first round with a 14-over-

par round of 302 that put them in eighth place out of nine teams.

Chayanun attributed the early-tournament struggles to some nervousness and a lack of energy.

"Maybe we got a little bit nervous because it was Big 12s or something, because we started off pretty bad. I think we know we have to have the energy on the first day," Chayanun said. "We can't just play well on the second and third day. We have to keep our energy up and be cheering for each other."

With 36 holes to play, the Cyclones refocused and came out with new energy to close out the tournament.

In bouncing back with rounds of 293 and 291, Iowa State climbed four spots on the leaderboard after day one. The team found itself within seven shots of the lead midway through the final

round before No. 13 Oklahoma pulled away for a victory.

Senior Prima Thammaraks said for her and the team, adjustments in the mental, rather than physical, aspect of the game were needed to right the ship.

After every round during the season, players reflect on their rounds in a journal. Thammaraks delved into her entries to revisit her attitude when she was playing well and compared it to her attitude in the first two rounds.

"Sometimes you can be overly confident and when something just breaks your confidence it's hard to gain it back again," Thammaraks said of a mindset that plagued her in posting rounds of 77 and 76. "I think I was just too aggressive and made bad decisions instead of being patient."

With a more measured approach, Thammaraks was one of

three Cyclones to post their best score of the tournament in the final round.

Chayanun posted a team-best 71 and Sasikarn On-iam parlayed a final-round score of 72 to put themselves in the top 10 at a tie for ninth place. In four appearances at the Big 12 Championship, On-iam has finished in 25th place or better in every event.

Though Iowa State did not start the tournament the way it would have liked, its strong finish and performances from Chayanun and On-iam allow for optimism heading into NCAA Regionals.

"I'm excited for regionals and I think we have a good team," Thammaraks said. "From the way we played in the last round it was clear in the last round we can play with anyone and now we're just trying to keep it going."

Mason competes at NCCGA National Meet, finishes tied for 44th

By Ryan.Young
@iowastatedaily.com

Competing at the national level is a goal for most athletes, no matter the sport or circumstances. And for ISU club golfer Jeremy Mason, that dream became a reality.

Mason traveled to New Jersey last weekend to compete in the NCCGA National Championships, becoming the second ISU golfer to do so since the club started competing competitively.

"It was a great experience," Mason said. "There was a lot of hype building up to it, and I don't even think it's hit me yet that I played at the national tournament. It was a lot of fun."

Mason shot 78 and 79, respectively in the two-day tournament, accomplishing one of his goals of shooting below 80 each day. Mason finished tied for 44th place.

And for his first time at the meet, Mason feels pretty happy with where he ended up.

"For the most part, I think I played pretty well," Mason said. "I only had three holes where I was combined seven over. So you take those three away and you'd see a difference in my score."

Mason didn't immediately qualify for the meet, however. After just missing qualifications at the regional tournament, Mason was placed on the alternate list.

When he finally got the call with the invitation to play at the national meet, Mason immediately said yes. But because he was an alternate, he felt he had more to prove.

"Out of the 200 or so kids there, being in the top 50 the first time is definitely good," Mason said. "I think for the most part I proved myself, especially being an alternate. I think that gave me almost more motivation to play well, since I didn't qualify at first."

Mason's talents haven't just come to light in recent weeks. In the eyes of ISU golf club president Chase Russell, they've been there all year long.

"He started out really well this year, and was really consistent through our two regionals, so I was not surprised that he broke 80 both days," Russell said. "He played very smart, being aggressive where he needed to, and conservative where he needed to. He was able to recover from mistakes, and that's a sign of a very seasoned golfer."

Mason, who is only a sophomore, is already looking forward to next club season. He hopes his experiences at nationals this year will play a big part in helping him to qualify again the next time around.

"It's only going to help me," Mason said. "There's more opportunities for the team and me to make it to nationals. Playing in this big of a tournament, now



Courtesy of ISU Golf Club
Jeremy Mason competed in the NCCGA National Championships in New Jersey last weekend. Mason is only the second ISU golfer to do so since the golf club became competitive.

that it's over I know that I can play in that situation. Sometimes handling that pressure is the hardest part, and now that it's over, I can kind of take a deep breath. If it happens again, I hope that I can be more relaxed and play better than I did."

Qualifying as a team for the tournament is something that they hope to accomplish as well. And even though it is a younger team, Russell feels his group of

guys has what it takes to get the job done.

"We've got a very solid core of golfers on our roster right now," Russell said. "The number one thing we need to do to sustain our high level of competition is to keep that group together on the course, and then reload with new recruits. Iowa State is a big campus; there are a lot of golfers. It's just about finding the right people."

style

Be unique: wear florals

By Miranda Pollitt
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Florals are a typical trend for spring fashion in Iowa. But what are some unique ways to wear florals and flowers this spring?

Hoda Katebi, blogger of JooJoo Azad, likes to wear floral pants to mix up this spring trend.

"As a menswear fanatic, I am a big fan of pants," Katebi said. "Especially when you give them a feminine update with a light floral print."

Floral pants are a great way to mix up this trend. Whether it is a fun pair of floral jeans or a pair of wide leg pants both are great ways to wear floral. To tone down your floral pants, simply wear a more basic top like a solid tank or tee so you are not incorporating too many elements into your look.

Another unique way to wear floral is a floral blazer.

"They are quirky, playful and definitely make a statement," said blogger Yuen Lim of The Craziest Paradigm.

Anyone and everyone can wear florals in their personal style. Whether you consider yourself edgy, preppy or girly, floral pieces work for everyone this time of year.

Another fun way to wear floral is to mix prints together. "I'm a huge fan of print mixing and I love clashing all of my floral prints at once," Katebi said.

Don't be afraid to mix your florals together. For example, you could wear a bold floral dress with a cardigan then accessorize the look with a floral headband. As long as you stick with in the same color



Jessi Wilson/Iowa State Daily
Mixing floral prints together adds a more fashionable twist to this summer trend. Choose pieces that have similar colors incorporated throughout.

scheme your look will still be cohesive.

Floral crowns and headpieces are also a huge trend this season. Simple floral hair accessories are a great and easy way to add a feminine touch to your look. Not to mention they make a fun do it yourself project.

Pair your floral crown with a fun and flowy dress or top for a 1970s hippie-inspired look. Or pair it with high waisted shorts and a crop top for an easy spring or summer look.

"Normally I'll wear a floral skater skirt paired with a plain top," Lim said. "But I'm also accumulating quite a few floral crop tops and floral ballet flats."

Essentials made fashionable

By Aly Schaffer
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Many people have items in their lives that are considered to be "essential", and sometimes these things are not always the most fashionable. These five essentials have become commonplace in the world of fashion.

Fanny packs

One essential that has been seen on college campuses around America is fanny packs. These have been especially popular over Spring Break. Usually when one thinks of fanny packs, she may think of a mother at an amusement park, but that is not the case anymore.

There are many more fashionable options, including ones with different prints and styles. One type, called a "Roo," can be worn many different ways other

than around the waist. These fanny packs and roos vary in price, so many people can find one they can afford.

This trend has even been popular among designers such as Tory Burch, Lululemon and Louis Vuitton. Fanny packs have become a staple because it can hold any items you need, and is hands free. It is also closer to your body so it can prevent theft. This item seems to come in and out of style frequently so investing in one can last you a very long time.

Tennis shoes

Tennis shoes are something many college students need, and they are becoming more and more fashionable.

Not only are tennis shoes comfortable, they can also come in many bright colors or prints.

The brand New

Balance has a style called the 574, which has been seen on countless fashion bloggers this year. This type of tennis shoe is fashionable, but it still has all the assets of a regular athletic shoe, providing support and comfort.

Tennis shoes have a wide range of styles and prices, so there is no doubt you will be able to find the ones are right for you. The best part about tennis shoes is that they are always in style, there are color and style trends that come each year but a good, classic tennis shoe will last you many years.

Fitbit

Along with tennis shoes, another essential a college man or woman could take advantage of is a Fitbit, which is a wristband worn to track sleeping patterns, number of steps in a day, calories burned, while

functioning as a watch.

Nike makes a similar device called a FuelBand, which does many of the same things.

Although these might not be essential to all people, the fitness lifestyle trend is growing and so is the need for these wristbands.

The Fitbit also comes with an app one can use to track eating habits and water consumption, encouraging people to take a look at the things they are putting into their bodies.

This gadget is still a tad pricey, as it is a relatively new trend, but there is no denying it can be an essential to any fitness junkie.

Ponytail holder

Those with relatively long hair know hair ties or ponytail holders are an essential to daily life.

Hair ties have definitely evolved throughout

the years -- many women remember ones with metal in them.

Once those went out of style, a plain black or brown with no metal was trendy. Now, there is a new kind, and it might be the most functional yet.

The new "ribbon" hair tie has no metal in it, but it is also not usually a plain color. The ribbon hair tie can be found in many prints and colors.

The biggest benefit to this new style is it does not leave a crease in hair once removed.

Not only are these great for your hair, they can be worn around the wrist as an accessory, that way you always have one with you. This new hair tie is around the same price as normal ones.

Camo print

This trend can be used in a variety of ways. Usually

camo print can be divided into three different categories: the "Army" print, which is pixelated and usually tan colored; the "woodland" print, which is basically real camouflage and has real leaves, sticks and trees on it and lastly, the "fashionable" print. This print looks like it is painted on and can have brushstrokes.

The easiest way to incorporate camo into your wardrobe is to make it the focal point of an outfit and pair it with a neutral pair of pants or a neutral jacket.

This trend can be essential to all kinds of people and can range over many different price points.

It's easy to take this trend too far -- such as camo print wedding and prom dresses -- but when done right on a pair of skinny jeans or jacket this can look just as classy as any other print.

Faces in the crowd: "What piece of fashion is unique to Iowa State?"



Kevin
Knirr

Sophomore,
aerospace
engineering:

*"Cardinal and gold
apparel, and cowboy
boots."*



Emma
Blickensderfer

Freshman,
undecided
engineering:

*"Parkas, and long puffy
coats."*



Sang
Ha

Senior, mechanical
engineering:
"Girls in leggings."



Moon
Lee

Senior, mechanical
engineering:
"Logos on t-shirts."

Graduation ceremonies span across all colleges

University Ceremonies

Undergraduation Commencement Ceremony

- Time: 1:30 p.m.
- Date: May 10
- Location: Hilton Coliseum

ISU Alumni Association Commencement Reception - Open House and Graduation Celebration

- Time: Immediately following undergraduate commencement
- Date: May 10
- Location: ISU Alumni Center (420 Beach Ave.)
- Admission is free.

Graduate College Commencement Ceremony

- Time: 8 p.m.
- Date: May 9
- Location: Hilton Coliseum

College Ceremonies

College of Agriculture and Life Sciences

- Time: 9 a.m.
- Date: May 10
- Location: Stephens Auditorium
- Reception: 8 a.m. on May 10 in Stephens Auditorium
- For more information, visit www.cals.iastate.edu/convocation.

College of Business

- Time: 3:30 p.m.
- Date: May 9
- Location: Hilton Coliseum.
- No tickets are required.
- For more information, visit www.business.iastate.edu/current-students/graduation.

College of Design

- Date: May 10
- Location: Lyle E. Lightfoot Forum (atrium)
- First ceremony: 8:30 a.m.

- This includes architecture, community and regional planning, industrial design and landscape architecture graduates.
- Second ceremony: 11 a.m.

- This includes art and design, design (BDes), graphic design, integrated studio arts and interior design students.

- Reception: Between ceremonies at the King Pavilion
- For more information, visit www.design.iastate.edu/StudentServices/graduation.php.

College of Engineering

- Time: 1:30 p.m.
- Date: May 10
- Location: Hilton Coliseum
- Graduate pre-commencement departmental reception: May 9 at 5 p.m. in 220-240 of the Scheman Building.
- For more information and the schedule for the undergraduate receptions, visit www.engineering.iastate.edu/graduation.

College of Human Sciences

- Time: 3 p.m.
- Date: May 9
- Location: Stephens Auditorium
- Students are allowed five guests each, but tickets are not required for admission.
- Reception: Approximately 4:30 p.m. on May 9 in the first floor lobby of the Scheman Building
- For more information, visit www.hs.iastate.edu/current-students/graduation.

College of Liberal Arts and Sciences

- Time: 7 p.m.
- Date: May 9
- Location: Stephens Auditorium.
- Students are allowed five guests each.
- For more information, visit www.las.iastate.edu/current_students/graduation.

College of Veterinary Medicine

- Time: 12 p.m.
- Date: May 10
- Location: Stephens Auditorium
- No tickets are needed.



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Tips and tricks for graduation preparation

By Saige.Heyer
@iowastatedaily.com

For some students, it may feel like it took forever for graduation to finally roll around. However, now it probably feels like there isn't enough time to prepare for the ceremony.

Here are some things graduates and their families need to keep in mind while preparing for the graduation ceremony.

Plan your guest list

Some colleges limit each student to having only five friends and/or family members in attendance.

Purchase your cap and gown

The undergraduate commencement ceremony for the entire university requires students to have a cap and gown, as do some of the colleges.

Students can purchase their caps and gowns at the University Bookstore in the Memorial Union. These cost \$30.99. You can also purchase graduation tassels at the Bookstore for \$4.99. Neither of these items can be charged to your U-Bill.

Another option you have is to borrow a cap and gown from a friend that al-

ready graduated or whose ceremony is before yours.

You do not need to go buy an entirely new outfit for this occasion. The university asks that students wear business attire under their gowns. After all, you never know if a future employer will be in attendance.

Special Assistance

If graduates need any special assistance before or during the ceremony, they are asked to contact Denise in 214 Enrollment Services Center. Students can call her at 515-294-0767 or email her at dtimber@iastate.edu

Jennifer Whalen is the contact person for any guests that need special assistance. She can be reached at 515-294-9372, jewhalen@iastate.edu or at 210 Enrollment Services Center. Any accommodations need to be made before Friday.

Diplomas

Diplomas will be sent to graduates on May 30. Please make sure your mailing address is up to date on AccessPlus by May 6. After May 6, students will have to contact the graduation office with any changes they may have.

Brigadier General Patrick J. Doherty to speak at May 10 commencement



Courtesy of United States Air Force
Former ISU student, Brig. Gen. Patrick J. Doherty will be returning to the university to speak at the commencement ceremony May 10. Doherty earned his Bachelor of Science degree at Iowa State.

By Saige.Heyer
@iowastatedaily.com

Iowa State University sends its graduates all over the world to do many things. Brig. Gen. Patrick J. Doherty is no different and is returning to the university on May 10 as the undergraduate commencement speaker.

Doherty first joined the Air Force through the ROTC at Iowa State, where he earned his Bachelor of Science degree in aerospace engineering in 1987. He has attended many military trade schools since.

He earned his Master of Science degree in aerospace management in 1997 from Embry-Riddle University and his Master of Military Art and Science in 2001 from the Command

and General Staff College in Fort Leavenworth, Kan. In 2008 he went to the Naval War College and earned his Master of Arts in national security and strategic studies.

Doherty has accomplished many things including 22 military assignments, three joint assignments and receiving multiple awards, decorations and promotions. Doherty is currently the Director of Air Force Services in Washington, D.C.

According to his U.S. Air Force biography, the mission of his organization is to "increase combat capability and improve productivity through programs promoting readiness, esprit de corps and quality of life for Airmen and their families."



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STUDENT CHOICE



Courtesy of Thinkstock

Think outside the box for graduation gifts

By Saige Heyer
@iowastatedaily.com

By the end of their college career, most graduates have accrued a plethora of “stuff,” but do they may not have everything they need to venture out on their own and may need some help adding to their long list of possessions.

Here are both practical and fun ideas as to what to get for your favorite graduate.

Stationery set

Even if the graduate hasn't landed a job yet, a stationery set including business cards, letterhead and envelopes are a great idea. You can have their resume printed as well.

Doing this for the graduate will help them in their job search or kick off their new job in style.

Office supplies

Along with a stationery set, you can also get the basic office supplies to help them start their own home office or add to the one they've already got.

Kitchen supplies

It is probably a safe bet that no matter if a student lived in the dorms their entire academic career or lived with friends in an apartment, there are some things they'll need for their new kitchen.

Tupperware containers for leftovers or bringing their lunch to work are always a must-have.

Replacing anything the graduate already has that is worn out would be a good idea, too.

Luggage set

If your graduate will be traveling after graduation or moving far away for their new job, getting them a new luggage set will help them tote along their things.

Having a luggage set with different sizes of luggage will also help when it comes time for them to travel for work or get away for the weekend.

Home furnishings

Such as with the kitchen supplies, there may be a few pieces of furniture your graduate is missing after

dividing their belongings from their roommate's.

If they have had the same bed for quite some time, buying a new bed set when they get where they're going would be a nice way to help them relax in their new place.

Moving service

With all the new kitchen supplies and home furnishings piling up, helping rent a truck or hiring a moving company would be a great way to help a graduate start their new journey.

Career attire

A new career is sometimes cause for a new wardrobe, especially if a student has been getting by in class in their sweats.

Take the graduate shopping to get a few new suits or some new business casual outfits. If their new career requires a uniform, help pitch in for the cost of the uniforms if they have to pay out-of-pocket for them.

Briefcase

Getting the gradu-

ate a briefcase to go with their new career attire is a great way to accessorize and make sure they're not still carrying everything in their backpack.

Foreign language classes

In today's world, knowing a foreign language can come in quite handy. If the graduate wants to further study a foreign language or learn a new one, get them foreign language lessons. You can either find someone who teaches it or purchase a program like Rosetta Stone.

Tablet or laptop

If your student has an older laptop or tablet or doesn't have either yet, take them in to pick one out that works the best for them.

If they already have a tablet or laptop, see if there are any applications or programs they would like that you can purchase for them.

Personalized items

You can personalize just about anything these days from jewelry to drinkware to common house-

hold items.

Many of the things listed in this article can be personalized.

Gift cards

Parents are constantly getting college students gift cards to various places, which comes in handy living on a budget.

Starting out on your own after graduation is no different when it comes to having to budget. Gift cards will help you keep track of where you can spend your money and what you can buy with them.



Courtesy of Thinkstock

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By Saige.Heyer
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Most of the colleges at Iowa State have their own convocation ceremonies separate from the university's undergraduate and graduate commencement exercises.

Although it is perfectly alright to walk across the stage at both, there are a few things to consider when it comes to deciding whether to do one or the other, both or neither.

Time constraints
When deciding whether to attend your college's ceremony or the university's ceremony, make sure to double check the times and keep in mind how long each ceremony may last.

Most of the college ceremonies are on Friday or Saturday morning and won't conflict with the university's undergraduate commencement.

You also need to consider whether or not your family

will be attending and which ceremony fits best into their schedule.

Size of ceremony
If you want to have a more close-knit ceremony with some of your friends in your major, then attending your college's ceremony may be a better fit.

However, if you are double majoring in two different colleges and don't want to go to two different ceremonies, the university's ceremony would probably be best.

Cost of cap and gown
A few of the college ceremonies require their graduates to wear a cap and gown, which cost roughly \$36.

Graduates can check with their college to see if a cap and gown is required at their ceremony.

Importance
If it isn't a life-or-death matter that you walk at your college's ceremony or the university's ceremony, you can choose not to walk at either.



Graduate Ebony Jones receives her degree from President Leath on May 11, 2013. Students can choose to attend the university's undergraduate commencement or to attend their college's own graduation ceremony.

Iowa State Daily

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Crossword

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20					21						22			
				23							24			
				26	27						28	29		
30											31			
36											40			
42											45	46		
											49	50		
51	52	53									54			
55											56	57		
62											63			
65											66			
68											69			

Across

- 1 Cabbage side
- 5 Airplane maneuver
- 10 Cookbook amts.
- 14 Go it alone
- 15 Wild West movie
- 16 Peter Fonda's beekeeper
- 17 Nursery school adhesive
- 18 Generic product
- 20 Southern Florida "trail" that's a port-manteau of the two cities it connects
- 22 Generating, as interest on an account
- 23 Move covertly
- 25 Bert's buddy
- 26 Xbox One, for one
- 30 Indiana hoopster
- 31 Aegean island
- 32 Computer input
- 36 Hold the title to
- 37 Referee's call
- 41 Young fellow
- 42 Barely makes, with "out"
- 44 Toyota __ 4: SUV model
- 45 Desert stopover
- 47 Image on many tie-dyed shirts
- 51 Woodland deity
- 54 Singer Lisa et al.
- 55 Reaching a field, say
- 58 Fortified position

Down

- 62 Angler's "I don't have to throw this one back," and hint to the first word of 18-, 26-, 37- and 47-Across
- 64 Rooney of "60 Minutes"
- 65 Sly look
- 66 Packed like sardines
- 67 Subject of adoration
- 68 Family chart
- 69 Group in pews
- 70 Old-timey "not"
- 1 NCO rank
- 2 Kinks girl who "walks like a woman and talks like a man"
- 3 University grad
- 4 Cry of distress
- 5 Like some rays and dust
- 6 Spanglish speaker, often
- 7 "Who am __ argue?"
- 8 Little more than 9 La __ Tar Pits
- 10 Show embarrassment
- 11 Done in, as a dragon
- 12 Old Finnish cent
- 13 Marsh plant

- 19 Belgian composer Jacques
- 21 Make aware
- 24 Evel on a bike
- 26 Stare unsubtly
- 27 Pimp condition
- 28 U.S./Canada's __ Canals
- 29 Sch. whose mascot is Brutus Buckeye
- 30 "The Raven" poet
- 33 Furthermore
- 34 Waggon on the dog
- 35 Promos
- 38 401(k) kin, briefly
- 39 Apple product
- 40 Burial places
- 43 Surreptitious data-collecting computer program
- 46 Choose not to vote
- 48 Estrada of "CHiPs"
- 49 "Amen!"
- 50 Every September, say
- 51 Like milk on the floor
- 52 Modify
- 53 "We're off __ the wizard..."
- 56 Playwright Simon
- 57 Rowlands of "Gloria"
- 59 Ancient Andean
- 60 Fragrance
- 61 Part of a Broadway address
- 63 Hawaiian dish

Horoscope

by Linda Black

Today's Birthday

(4/29/14)
You can win your game this year. Today's New Moon solar eclipse in your sign initiates a new personal phase. Revise plans with your team over the next three weeks. New communications skills provide a breakthrough in relationships and career status. Keep finances organized; expenses can rise with income. Home renovations entice after August. Release clutter, limiting philosophies.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries

(March 21-April 19)
Today is a 7 - Use this New Moon solar eclipse for some clearing and cleansing over the next six months, especially regarding finances. A new phase begins about spending, saving and accumulating wealth.

Taurus

(April 20-May 20)
Today is an 8 - A new phase of greater self-awareness begins for the next six months with the New Moon solar eclipse in your sign. Take a strong stand, change your appearance and increase your independence.

Gemini

(May 21-June 20)
Today is a 7 - Self-imposed isolation and retreat for peace and spiritual growth invites over the next six months with the New Moon solar eclipse. You find yourself seeking solitude. Stay in communication.

Cancer

(June 21-July 22)
Today is a 7 - A new phase begins in your friendships and reputation over the next six months, with this eclipse. Increase participation in group activities, and accept new responsibility. Imagine changes.

Leo

(July 23-Aug. 22)
Today is a 7 - Your public reputation comes into scrutiny with this New Moon solar eclipse. Over the next six months, you could rise to power or fall from it. Solicit ideas from imaginative experts. Romantic persuasion works well for you.

Virgo

(Aug. 23-Sept. 22)
Today is a 7 - You're respected for your common sense. A new six-month phase begins with this New Moon solar eclipse, regarding your education, philosophy and spiritual inquiry. Streamline routines.

Libra

(Sept. 23-Oct. 22)
Today is a 7 - Today's New Moon solar eclipse opens a new half-year stage regarding shared resources (like insurance, family funds, inheritances, real estate). Transitions change the balance sheet. Support your loved ones.

Scorpio

(Oct. 23-Nov. 21)
Today is a 6 - A partnership or relationship reaches a new level over the next six months, with today's eclipse in Taurus. Keep domestic goals in mind. There could be contracts or legal issues to resolve.

Sagittarius

(Nov. 22-Dec. 21)
Today is a 7 - A new era dawns for the next six months around service, health and work, with today's New Moon solar eclipse. Be careful of accidents, and upgrade routines for healthy diet and exercise. Serving others satisfies. Serve yourself first.

Capricorn

(Dec. 22-Jan. 19)
Today is a 7 - A major romance could enter or exit the scene over the next six months, with today's eclipse. Amusement, games and children take the spotlight. Your creative muse thrives the more fun you have. It's a new personal beginning. Invest in passions and joy. Share with special people.

Aquarius

(Jan. 20-Feb. 18)
Today is a 7 - A new stage in your home and family life develops with the New Moon solar eclipse. Over the next six months, get into renovation, home improvements, or take care of a family member. Infuse your home with love.

Pisces

(Feb. 19-March 20)
Today is a 7 - The power of your word reaches new levels after today's eclipse. Upgrade technology when possible, and keep your car, computer and work equipment tuned and repaired. Breakdowns and breakthroughs in communications arise.

Sudoku

by the Mephram Group

	6	1				3		
		7		6				4
9	4							5
				7				
			8	5	4	2	7	
		5		1				
8							9	6
6				5		1		
		3				5	8	

LEVEL: 1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk



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